A WORD FROM THE CREATOR

A lifetime snorer, I have spent the past 5 years searching for a good night’s sleep. After several fruitless visits to leading sleep research centers in North America, my hope seemed bleak. I could not find an effective treatment worth the discomfort and high cost anywhere.

Through my research I found that sleeping on my side significantly decreased my snoring and sleep apnea. To silence my obnoxious snoring and curb 160 nightly episodes of sleep apnea, I developed the Anti-Snore Shirt to ensure I stayed on my side at night. Wearing the Anti-Snore Shirt while sleeping has literally changed my life. Both my partner and I are now physically, mentally and emotionally sharper because we are finally getting the rest we need to function at optimum levels.

Sean Kerklaan
Creator

ANTI SNORE SHIRT CASE STUDY

In a clinical case study done at the University of British Columbia Sleep Disorder Clinic, the Anti-Snore Shirt produced excellent results. Wearing the Anti-Snore Shirt ensured the patient remained in a side sleeping position throughout the evening. Keeping the patient in a side sleeping position improved the patients sleep quality by reducing the hourly apnea episodes from 33 to only 3. A 90% improvement!

Wearing the Anti-Snore Shirt produced a 90% decrease in apnea and hypopnea events helping the patient enjoy a healthy physical and mental sleep. For more information on this case study, please visit www.rematee.com

TESTIMONIAL

“The first night my husband wore the REM-A-TEE Anti-Snore Shirt, I woke up and was shocked to see him sleeping on his side, totally quietly and perfectly still. Since then, the situation has not changed. Both of us are able to enjoy a restful sleep. It’s good for him, good for me, and great for us!”

Colleen Feeney,
Community College CFO
Montreal, QC

100% MONEY-BACK GUARANTEE

The Anti-Snore Shirt has a 100% money-back guarantee. Visit us online for more information.

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TIRED OF SNORING?

- Do you snore less on your side than on your back?
- Does your snoring prevent you or your partner from a restful sleep?
- Do you suffer from constant daytime fatigue?
- Do you suffer increased apnea episodes while sleeping on your back compared to on your side?

Did you know that sleeping on your side versus your back may be an effective treatment for your snoring or sleep apnea.

HOW IT WORKS

Sleeping on your side, also known as positional therapy, has often been cited as the simplest remedy for snoring because it is the sleeping position that leaves your airway most open and least obstructed.

Ask your doctor if the Anti-Snore Shirt is the right treatment for you. The Anti-Snore Shirt is designed to comfortably support you while sleeping on your side. Three Inflatable Bumpers secured to the back of the Anti-Snore Shirt extend outward to create a gentle resistance, preventing you from rolling onto your back.

Three highly durable inflatable bumpers allow you to customize your preferred amount of positional support. Plus, they quickly deflate for compact traveling.

WHY THE ANTI-SNORE SHIRT?

It’s simple!
Alternative treatments involve surgical procedures, breathing devices and oral retainers. For people with mild to moderate positional snoring and sleep apnea the Anti-Snore Shirt simply works by retraining you to sleep on your side. Within a few nights, you won’t even know you’re wearing the t-shirt.

It’s comfortable!
The Anti-Snore Shirt comes in a variety of sizes to suit your individual needs. Three inflatable bumpers allow you to customize your preferred amount of positional support.

It’s cost effective!
The Anti-Snore Shirt is the simplest and most inexpensive snoring and sleep apnea therapy on the market. To maintain this cost-efficient snoring aid, simply lift the Velcro cover, remove the bumpers and launder the shirt with the rest of your laundry.

SLEEPING WITH THE ANTI-SNORE SHIRT

Tips for comfortably sleeping on your side:

- Make sure your pillow is the right thickness to keep your spine in alignment; a pillow too thick or too thin will create an uncomfortable strain on your neck.

- While on your side, place a small pillow between your knees. This will ease the pressure felt on your legs. Support your upper elbow with a small pillow beside your chest for optimal comfort.

- When sleeping in the half-frontal position, use a small pillow to support your chest.

Illustrations prepared by Colleen Byrne - Physical Therapist B.Sc, MPT

NEW

Bumper Belt
Ladies Baby Doll